Des Moines Parks, Recreation & Senior Services GUIDE BACK





# DES MOINES

**SPRING 2018** 

**CITY CURRENTS** 

Parkside Park Re-Dedication SEE PAGE 8

Flying High with the FAA SEE PAGE 11

Des Moines Community Shuttle SEE PAGE 12



Hosting a lifetime of

# EVENTS & EVENTS & CELEBRATIONS











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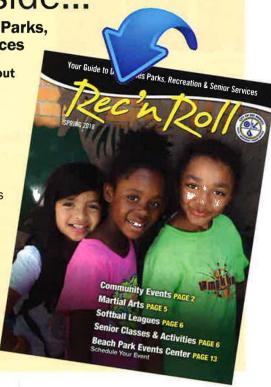
Call 206.870.9370 or Visit www.beachparkeventcenter.com

On the flip side...

Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the SPRING schedule.

- Club KHAOS schedule— Register now!
- Get Out and Have Fun: Outings to gardens, restaurants, performances and travel!
- Sign up for Adult and Youth sports leagues today!



#### 2018 Spring

#### What's Inside

Council Highlights	4
From the Mayor	5
<b>Community Services Directory</b>	6
Parkside Park Re-Dedication	8
Housing Repair Assistance	9
Dog Bite Prevention	10
The FAA and Des Moines	
Creek Business Park	11
<b>Des Moines Community Shuttle</b>	12
Safe Medicine Disposal	13
Transportation Updates	14
Storm Drain Volunteer Program	<b>15</b>
Residential Collection	16
New I-5 Signs	16
Car Wash Kits	16
Spring & Summer Events	17



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### Council Highlights

#### CITY COUNCIL HIGHLIGHTS FROM DECEMBER-JANUARY Ordinance 1690-1696 Resolution 1371-1376

#### **Held Public Hearings:**

- Year 2018 General Property Tax Levies, Ordinance No. 1690.
- Increase in Property Tax Levy Amount, Ordinance No. 1691.
- Year 2018 Operating and Capital Budget, Ordinance No. 1692.
- Year 2017 Operating and Capital Budget Amendments, Ordinance No. 1693.
- Environment Code Establishing an Off-Site Mitigation and Fees Paid In Lieu Program, Amending Chapter 16.25 and Establishing an Associated Urban Forestry Fund in Chapter 3.51, Ordinance No. 1694.
- Landscape for Essential Public Transportation Facilities, Ordinance No. 1695.
- Renaming South 236th Lane to College Way, Ordinance No. 1696.
- Surface Water Management Surplus Property, Vehicles and Equipment, Resolution No. 1375.

#### **Approved the Following Action:**

- Set Public Hearing Relating to the Environment Code, Establishing an Off-Site Mitigation and Fees Paid in Lieu Program, Amending Chapter 16.25 DMMC, and Establishing an Associated Urban Forestry Fund in Chapter 3.51, Resolution No. 1371.
- Set Public Hearing Relating to Landscape for Essential Public Transportation Facilities, Resolution No. 1372.
- Small Business Saturday Proclamation.
- · Commute Trip Reduction Program.
- Consultant Services Contract with the LA Studio LLC for Design Services.
- Transportation Management Services Consultant Contract, Special Project Manager Leonard D. Madsen.
- Contract Agreement with The Holmes Group, LLC for Consulting Services (Port Grant Phase II).

#### **DES MOINES CITY COUNCIL**



Matt Pina Mayor



Vic Pennington Deputy Mayor



Councilmember



Luisa Bangs



Matt Mahoney



Traci Buxton
Councilmembe



Jeremy Nutting Councilmember

City Council meets

1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>

Thursdays

at 7pm

- Sponsorship of the Des Moines Pool Metropolitan Park District's Association of Washington Cities Application, Resolution No. 1373.
- Appointment to the Des Moines Arts Commission: Marcus Williams.
- Crestwood Park Final Plat Extension, Resolution No. 1374.
- 2018-2019 On-Call Consultant Agreements for Civil Engineering Services.
- 2018 Vehicle and Equipment Purchase.
- Des Moines Municipal DUI Candidate Court.
- Settlement Agreement and Release: Hesselgesser v. City of Des Moines, et al.
- Consultant Contract Amendment for Building Plans and Examination Services for BHC Consultants, LLC.
- North Marina Parking Lot Bulkhead and Restroom Replacement, Consultant Design Contract.
- · Surplus of Property, Vehicles.
- Interlocal Agreement with Highline Water District for South 223rd Street Pavement Rehabilitation Project.
- Confirmation of City Manager's Re-Appointment of Lisa Leone to the Municipal Court Judge Position.
- South 216th Street, Segment 3, 2018-2019 On-Call KPG Engineering Task Assignment 2-18-01, Right of Way Acquisition Services.
- Children's Dental Health Month Proclamation.

- 2018-2019 Recycling Program Professional Services Contract.
- Sale of Abandoned Vessels, Resolution No. 1376.
- Collective Bargaining Agreement, Police Management Association.
- 2018 Legislative Priorities and Intergovernmental Policies and Procedures.

#### **Other Action Taken:**

- DUI Court Presentation from Municipal Court Judge, Lisa Leone.
- Municipal Storage Yard Stormwater BMP Improvement Plan Briefing and Discussion.
- Recognized Dr. Jack Bermingham, Retired Highline College President.
- · Recology Rate Update.
- · Ecology Projects for Airport Communities.
- Aviation Advisory Committee Report.
- Staff Update on Poverty Bay Shellfish Downgrade.
- · Police Operations Update.
- · Community Connection Update.
- · Council Guidance and Acknowledgment.
- Recognized Outgoing Councilmember Dave Kaplan.
- Recognized Outgoing Councilmember Melissa Musser.
- Swore In Newly Elected Councilmember Traci Buxton.
- Swore In Newly Elected Councilmember Matt Mahoney.
- Swore In Re-Elected Councilmember Matt Pina.
- Swore In Re-Elected Councilmember Vic Pennington.
- Selected Councilmember Matt Pina for 2018-2019 Mayor.
- Selected Councilmember Vic Pennington for 2018-2019 Deputy Mayor.
- Recognized Outgoing Arts Commission Members.
- Acknowledged Community Development, Planning, Building and Public Works Employees.
- · Local Government 101 Presentation: Legal.
- · Held Council Retreat.
- · Police Staffing Presentation.
- Staff Update on Federal Way Link Extension.
- Presentation on Substitute Draft Ordinance No. 15-206-A to the Siting of Essential Public Facilities.
- 2018 City Council Vision, Mission Statement, Goals and Strategic Objectives.





By Mayor Matt Pin:

AS WE SETTLE INTO 2018 I want to let you know all the exciting things in store for this coming year! At the end of 2017, the City Council said goodbye to

Councilmembers Dave Kaplan and Melissa Musser, who after many years of public service, decided not to run for re-election. Dave and Melissa's passion, dedication and knowledge will be missed and we wish them well.

Moving forward we are excited about the future and welcome our two newest Councilmembers, Matt Mahoney and Traci Buxton. Councilmembers Mahoney and Buxton have been hard at work this year and I know I can speak for the rest of the Council in saying that we are happy to have them on board!

At our first meeting in 2018, the Council hit the ground running

by adopting specific policies to further our Legislative Priorities and Intergovernmental Positions. You can find each of these documents on our website at http://

As we look forward to

Spring we encourage

you to get involved in

community's greatest

resources are its citizens.

By serving on a committee

your community. A

or advisory board,

meaningful way.

you can contribute to

your community in a

www.desmoineswa. gov/115/City-Council. Some highlights include seeking funding sources to replace the north bulkhead at the Marina, relief options from the City's rising lease payments for Marina property to the Department of Natural Resources and efforts by the Council to support a state process for siting an additional major airport at a

location at least 15 miles from Sea-Tac International Airport.

In the Des Moines Creek Business Park, Federal Aviation Administration employees have started moving into their new building and we anticipate approximately 4,000 new jobs will be locating to the City of Des Moines as the next phase of the Business Park is completed. To help alleviate traffic

congestion, the
City of Des Moines
partnered with
King County Metro
and Des Moines
Community Shuttle,
Route 635 made its
debut on January
30, 2018. Read
more about the
Community Shuttle
program on page 12.

The City has been awarded several grants to build new play areas in three Des Moines parks. Steven J. Underwood Memorial Park

received a \$245,000.00 King County
Youth & Amateur Sports Grant and
\$50,000.00 funding from Des Moines
Legacy Foundation to build a "Play for All"
play area to be constructed later this year.
Kiddie Park also received a \$115,000.00
King County Community Development
Block Grant to replace its aging play area
in 2019.

Awarded grants from King County Block Grant, King County Youth Sports Facilities Grant and Department of Ecology helped to build ADA pathways, a new sports court and a fitness area at Parkside Park.

The Des Moines/Normandy Park Rotary Club and Reach Out Des Moines both received Airport Community Ecology grants to renovate the play areas and build a community garden at Midway Park.

Both projects are slated for completion in May. Parkside Park will reopen with a public celebration on May 17, 2018 at 3:30 p.m.

On a different note, it is anticipated that over the next three to five years, 40% of police department personnel will be eligible for retirement. With recruitment and hiring a challenge to all police agencies across the country, we have to be innovative to the staffing challenges that the future could potentially bring. At the February 1st City Council Study Session, retired Assistant Police Chief, Bob Bohl presented a plan to give our

continued next page

The Community Development and Public Works Departments were recognized at the January 18th City Council meeting for outstanding performance related to the permitting of the General Services Administration's (GSA) Federal Aviation Administration (FAA) Headquarters, as well as several other time-critical developments. We are proud of our staff and their commitment to excellence in providing innovative and solution-oriented service to our customers and residents. Look for more staff recognition in future editions of *City Currents*.



From left to right: Jodi Grager, Jason Woycke, Dan Hopp, Laura Techico, Holly Keeton, Denise Lathrop, Tina Hickey, Jamie Weigand, Rex Christensen, Al Biancalana, Susan Cezar and Larry Pickard

#### From the Mayor, continued

Police Department leverage in addressing the potential shortages that will present themselves through attrition in the coming years.

The proposal would allow the City of Des Moines to use one-time money to create Recruit Training Positions for our entry level officers. These positions would be hired and utilized to assist the police department in a number of areas. The Recruit Training Positions would also begin pre-training to achieve a level of proficiency that will benefit them when they enter the Police Academy. As sworn personnel retire, the recruits will be available to immediately fill the vacancies created.

Advantages are:

- Recruit Training Positions (RTP's) mirror anticipated attrition in the next 0-2 years.
- Expedited hiring process due to fully allocated Full Time Employees.

 Department continues to recruit and hire lateral/ academy graduate officers using our structural allocated funds for these positions.

The City Council unanimously supported this proposal and continues to emphasize public safety and a healthy police department.

I want to thank retired Assistant Police Chief Bohl for his commitment to Des Moines and our Citizens. This plan is proof of his undying dedication to the Des Moines Police Department and our community.

As we look forward to Spring we encourage you to get involved in your community. A community's greatest resources are its citizens. By serving on a committee or advisory board, you can contribute to your community in a meaningful way.

# SUNDAY SUNDAY JOIN US \$8 Adults, \$4 Children 12 and Under. Free with Touring Parties A Member of the Artegan Family Celebrating the Art of Life Normandy Park, WA 98148 Normandy Park, WA 98148

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#### **DES MOINES DIRECTORY**

#### **City Hall**

21630 11th Avenue South 206-878-4595

#### **Business Hours**

Monday – Friday 8:00am – 4:30pm www.desmoineswa.gov



#### **City Council**

Matt Pina, Mayor
Vic Pennington

Luisa Bangs LBangs@desmoineswa.gov
Robert K Back RBack@desmoineswa.gov
Matt Mahoney MMahoney@desmoineswa.gov
Traci Buxton TBuxton@desmoineswa.gov
Jeremy Nutting JNutting@desmoineswa.gov

#### **City Offices**

City Attorney	206-870-6553
City Clerk	206-870-6519
City Manager	206-870-6541
Planning/Building	206-870-7576
Engineering	206-870-6522
Facilities Rentals	206-870-9370
Finance Director	206-870-6532
Marina	206-824-5700
Municipal Court	206-878-4597
Parks Administration	206-870-6527
Police Department	206-878-3301
Public Works/Park Maintenance	206-870-6559
Recreation	206-870-6527
Senior Services	206-878-1642

#### **Other Numbers**

Emergency
Animal Control 206-870-6549
Field House 206-870-6527
Fire (non-emergency) 253-839-6234
Library, Des Moines 206-824-6066
Library, Woodmont 253-839-0121
Police Dispatch (non-emergency) 206-878-2121

#### Utilities and Services

Children and Col 11003	
Century Link	800-573-1311
CleanScapes	206-762-4900
Comcast	877-778-7008
Highline Water District	206-824-0375
Lakehaven Wtr/Sewer	253-941-1516
Midway Sewer District	206-824-4960
Puget Sound Energy	800-321-4123
SW Suburban Sewer	206-244-9575
Water District #54	206-878-7210

#### CALL BEFORE YOU DIG:

Utility Locates 800-424-5555

#### DES MOINES

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#### **Community Garden** in Midway Park Coming Soon!

#### **Community Garden** en Midway Park ¡Próximamente!



If you live near Midway Park in Des Moines and would like more information about the new community garden and opportunities to help grow food in your neighborhood, please contact Alena at

rogers.alena@gmail.com

Si vive cerca de Midway Park en Des Moines y desea obtener más información sobre el nuevo jardín comunitario y las oportunidades para ayudar a cultivar alimentos en su vecindario, comuníquese con Alena en

rogers.alena@gmail.com













#### Parkside Park Re-Dedication: May 17, 2018

ON THURSDAY, MAY 17TH AT 3:30 PM THERE WILL BE A REDEDICATION OF PARKSIDE PARK. Parkside Park was transferred to the City from King County in 1993 and was long overdue for renovation. With funds of \$395,000 from a Community Development Block Grant the City had applied for in 2014, Parkside Park entryways were made ADA accessible, blackberry bushes, dense brush, and unhealthy trees were removed to enhance site safety, and fencing around the

park perimeter was repaired or replaced for site security. Portions of the hillside were graded to create accessible

pathways through the Park, and the existing sport court, play equipment and other amenities were removed and replaced with a new sports court and outdoor fitness area funded in part with a King County Youth Sports Facilities Grant of \$25,000.

> Seating was created to offer a welcoming neighborhood gathering place and a new asphalt connector trail to 26th Place S. was installed.



As part of the state's Tacoma
Smelter Plume Soil
Safety Program,
the Department of
Ecology had tested
the play areas at the

park for arsenic and lead and found approximately 10,000 square feet of arsenic contaminated soil above the state clean-up level. The state contributed the funds needed for the removal and replacement of the contaminated soil.

The community is invited to attend the re-dedication of the Park on Thursday, May 17th at 3:30 pm.

#### **Funding partners:**







# BECOME A LIFEGUARD JOIN OUR TEAM

Lead, Serve Others & Make Money Special Schedules Available for Academics

### Positions start at \$13/hour!

Now hiring lifeguards for 2018!

Applicants must be 15 years or older.

Must be able to swim 300 yards.



Course fee waived for eligible participants

Free swim tests at Mount Rainier Pool by appointment between 1–4pm on Fridays.

Call Dominic at 206.824.4722



MOUNT RAINIER POOL, DES MOINES POOL METROPOLITAN PARK DISTRICT 22722 19th Ave S, Des Moines WA 98198 206.429.3852 I dominic.finazzo@mtrainierpool.com



#### Housing Repair Assistance Program

THE CITY OF DES MOINES IS ONCE AGAIN PROVIDING MINOR HOME REPAIR LERVICES to City resident homeowners who have "extremely low" to "low" incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County.

Services provided include but are not limited to:

Electrical - faulty lights, switches, plugs, circuits or exhaust fans

*Plumbing* – faulty toilets, clogged drains, leaking faucets, faulty water heaters

*Disability Aids* – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces

 $\it Safety$  – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets

Other - faulty furnaces, faulty gutters and roof leaks, broken window glass panes

#### HOW DO I QUALIFY FOR THESE FREE SERVICES?

- 1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner's insurance, and meet the HUD income guidelines for the program.
- 2. Complete the application process

#### HOW DO I APPLY?

- 1. Request an application by calling 206-870-6535
- 2. Complete the application forms and return them with supporting documentation to the City of Des Moines/Minor Home Repair at: 21630 11th Avenue S, Suite D, Des Moines WA 98198
- 3. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.



Request an application: 206-870-6535





NO ONE WANTS TO BE BITTEN BY A DOG, and we especially don't want our children or pets to be attacked and bitten. Dog bites are painful, and can cause additional health issues such as infections, scarring, and emotional trauma.

Dog Bite Prevention is an important part of our Animal Care and Control program in Des Moines. We frequently do public presentations and participate in public events, working within the community to educate citizens to help prevent injuries by dogs. Teaching adults and children to read canine body language, to approach and greet dogs properly, not to run and scream around dogs, and to leave dogs alone when appropriate, are important messages (among others) that we talk about.

In addition, we encourage dog owners to:

- Alter (Spay/Neuter) their dogs (most reported dog bites are caused by un-altered dogs)
- · Socialize, desensitize, and obedience train
- · Have their dogs in the home and as part of our family
- · Provide proper health/veterinary care, and keep vaccines updated
- · Provide adequate food, water, shelter, and exercise
- · Keep their dogs under proper leash and/or fence control
- · License their dogs and keep the license tag on at all times
- · Micro-chipping is a great back-up form of ID, so we recommend that as well
- Not keep dogs tied out on a chain, especially unattended

We also encourage EVERYONE to call Police/Animal Control for dogs running at large, especially if the dogs are acting threatening. We want to be proactive, so we can prevent dog bite injuries!

According to statistics:

Over 4.5 million people report dog bites annually, and probably many more go unreported. Dog attack victims suffer over \$1 billion in monetary losses each year.

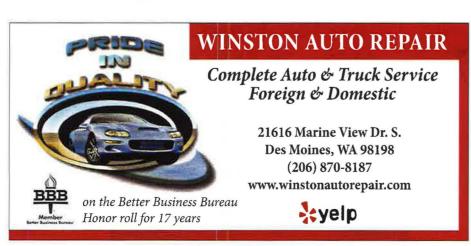
Dog bite injuries are the fifth most frequent cause of emergency room visits for children each year, with the child's face being the most common body part to be bitten.

Dog ownership and dog bites are on the rise; more people own multiple dogs now than ever before!



If a loose dog is acting vicious and threatening the public safety, or if a dog attack/bite has just occurred, please call 911 immediately. If a dog is loose but it is not an emergency, you may call our dispatch non-emergency line at 206-878-2121. If you would like to leave me a voicemail regarding an animal complaint, please call my desk at 206-870-6549 and I can call you back.

Thank You— Master Animal Control Officer Jan Magnuson



# MEMORIAL BENCH DONATION PROGRAM The City installs and maintains many park benches throughout the city. The Bench Donation program allows citizens and businesses to dedicate a bench to a family or friend for a ten year time frame. If you are interested in purchasing a bench to honor someone you know, please phone 206-870-6547 for more information or email jbest@desmoineswa.gov



HOW THE FACE OF DES MOINES HAS CHANGED OVER THE PAST SEVERAL YEARS! Front and center has been the construction of the U.S. General Services Administration's (GSA) Federal Aviation Administration (FAA) Headquarters. Construction of this 300,000 square foot office building was completed within a year, which is unprecedented for a building of this size and complexity. Approximately 1,600 jobs (40 employee groups) will relocate from the Renton area and from out of state. The Certificate of Occupancy for the building was issued on January 23, 2018 and move in will egin in mid to late February.

It is the seamless collaboration and teamwork between the City of Des Moines, Port of Seattle, Panattoni Development Company, CollinsWoerman, Abbott Construction, Sierra Construction Company and multiple subcontractors and services that made this possible. Rex Christensen, Assistant Building Official, led the charge for the City of Des Moines. Some interesting facts about the project include:

- The building is framed with 1200 tons of steel structure, equivalent to over 400 Ford F-150 trucks.
- 580,000 man-hours of labor were expended on site with zero lost time accidents—equal to more than 279 years of 40 hour work weeks.
- 240 workers/managers were on site at the peak last summer, an average of 165 per day—Abbott partnered with over 52 subcontractors and 75 suppliers.
- During the course of construction, at least 9
  babies were born (or soon will be) to project
  personnel and their families, and two kittens
  were born on site.
- Over 80% of the construction debris mass was recycled.

These partnerships in conjunction with "ty and regional investments in infrastructure an inprovements to enhance our roadway system and access to SeaTac Airport has resulted in increased economic activity and significant job creation.

Upon completion of the Des Moines Creek Business

Park over 2.5 million square feet of new development, including Phase IV east of 24th Avenue S., will be placed in service and upwards of 3,000 new jobs will be established in our community. Other new businesses at the Business Park include Amerisource Bergen, Partners Crackers, K2 Sports, Greencore, Organically Grown, PODS, Meiko America and Bartell Drugs. Several thousand more jobs are also

Rex Christensen, Asst. Building Official Certificate of Occupancy Issued 1/23/18

being projected as a result of the new 24th Avenue S. connection between Des Moines and SeaTac, which opened up substantial new acreage for future development. These new businesses and jobs provide a welcome boost to our local economy after experiencing a decline in employment over the past decade.





#### **Route 635 Des Moines Community Shuttle**

THE ROUTE 635 DES MOINES
COMMUNITY SHUTTLE MADE ITS DEBUT
on January 30, 2018 at a ribbon cutting
with the City, King County and the FAA
celebrating the connection between
the Angle Lake light rail station and the
downtown Marina District via the new Des
Moines Creek Business Park.

Part of Metro's Community
Connections program, the Des Moines
Community Shuttle is the result of a
collaborative effort between the City,
King County Metro and local employers to
identify mobility solutions for the influx of
workers coming to the new business park.

"Mobility provided by this frequent, peak period shuttle is absolutely critical in meeting the City's economic and environmental sustainability objectives. It provides an essential public transportation link between our Marina District, South 216th Street and the Angle Lake Light Rail Station with a high-use park-and-ride garage," said Mayor Matt Pina.

The Des Moines Community Shuttle operates very frequently during the weekday morning and afternoon peak periods running between Angle Lake Station and the downtown, adjacent to the City Marina south entrance. It connects Marine View Drive, S. 216th Street, newly completed 24th Avenue S and the Angle Lake Station on S. 200th Street. It serves commuters from the Marina District, Wesley Homes, the Business Park and other employers, businesses and residents along the corridor. There is also a convenient transfer with Rapid Ride on Pacific Highway adjacent to the Angle Lake Station.

The span of service makes it easy to link morning trips and afternoon trips to and from the frequent light rail system.

The Des Moines Community Shuttle, runs

about every 15 minutes Monday through Friday from 5:15 to 9:15 a.m. and from 2:15 to 7 p.m. Passengers can wait at any bus stop along the route for regularly scheduled trips. Metro Transit also provides reservation-based services with a flexible service area around the Wesley Homes senior living community.

This is a pilot project, subject to ongoing evaluation. To inform the evaluation, Metro and the City will partner to gather rider feedback through periodic surveys and comments from Des Moines citizens are always welcome. Check the King County Metro website for schedule information. Give it a try using your ORCA Card!

Route 635 Mobility provided by this frequent, Hexible Service Area peak period shuttle Link light rail & Station is absolutely critical in meeting the City's economic and environmental sustainability objectives. -Mayor Matt Pina Des Moines Creek Business Park Wesley Homes Flexible Service Area **WESLEY HOMES FLEXIBLE SERVICE AREA** S 220th 5 223rd 5 Des Moines 226th St 5.2.27th St

#### Safe Disposal of Medicines Now Available

UNUSED, EXPIRED, AND LEFTOVER MEDICATIONS THAT ACCUMULATE IN YOUR HOME increase the risk of drug abuse, overdose, theft by a family member, and preventable poisonings while unwanted medicines flushed down toilets and sinks or thrown in the trash can end up in the environment.

The City of Des Moines Senior Services Advisory Committee has been working for over ten years to help bring safe medicine disposal sites to King County and Des Moines. The years of hard work have paid off; there is now a safe and convenient way to dispose of unused, expired, and leftover medications.

A new initiative, the King County Secure Medication Program, aims to provide a safe, convenient, and responsible means of disposing of prescription and over the counter medications. You can now safely dispose of the medicines you no longer need by taking them to a convenient drop-box in

the area. These participating pharmacies, clinics, hospitals and law enforcement offices will accept most prescription and over-the-counter medicines for disposal at no cost.

Additional information on King County Secure Medication Program and the National Take Back Your Meds Program can be found at www.kingcountysecuremedicinereturn. org or www.takebackyourmeds.org.

<b>SAFELY</b>
<b>DISPOSE OF</b>
MEDICINES
HERE

Des Moines Pharmacy	627 S. 227 <sup>th</sup> St., Des Moines
HealthPoint Midway	26401 Pacific Hwy S, Kent
Access Pharmacy (next to Starbucks)	17833 1st Ave S Ste C, Normandy Park
Burien Police Department	14905 6th Ave SW, Burien
Kaiser Permanente - Burien Pharmacy	140 SW 146th St, Burien
Kaiser Permanente Federal Way Pharmacy	301 S. 320 <sup>th</sup> St., Federal Way
**Normandy Park Police Station	801 SW 174th St, Normandy Park

<sup>\*\*</sup>Only Normandy Park residents may drop off at their police station



#### **Spring Transportation Updates**

#### S 223rd Street Pavement Rehabilitation Project

During the summer of 2018, the
City will be resurfacing S 223rd Street
between 24th Ave S and Marine View
Drive. Included in the work will be
installation of a new water main between
16th Ave S and 24th Ave S by Highline
Water District as well as various storm
drainage improvements. It is expected
that there will be full roadway closures
between 7am and 7pm with detour routes
in place for the duration of construction.
The majority of work will be scheduled
during summer recess to minimize
impacts to local school routes. Utilizing
alternate routes is recommended.

If you have any questions, contact the City's Transportation & Engineering Services Manager Andrew Merges at 206-870-6568.

# North Marina Parking Lot & Restroom Replacement Project

The City is currently underway with engineering design and environmental permitting for the North Marina Bulkhead and Restroom Replacement project.

It is anticipated that these initial efforts will take until the end of the year and focus on the north, west, and south bulkheads that encompass the north parking lot, timber breakwater, and restrooms.

If you have any questions, contact the City's Transportation & Engineering Services Manager Andrew Merges at 206-870-6568.

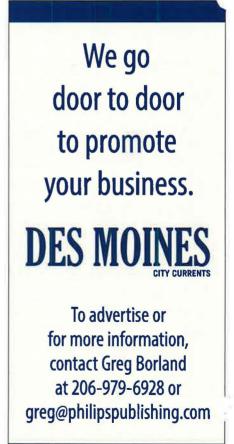


The City is continuing efforts to complete an Americans with Disabilities Act Transition Plan to ensure equal access to public programs, services, and facilities. The plan will ultimately document ADA deficiencies and identify strategic mitigation actions moving forward. It is anticipated that a Draft Plan will be completed this spring including an on-line survey to provide means for public comment.

The ADA online survey and Draft Transition Plan will be accessible on the City's website www.desmoineswa.gov.

If you have any questions, contact the City's Transportation & Engineering Services Manager Andrew Merges at 206-870-6568.







### Storm Drain Marker Volunteer Program

COME HELP MAKE A DIFFERENCE IN THE COMMUNITY!
Organizations or individuals can help raise public awareness,
protect our water quality, and reduce the amount of pollution by
participating as a volunteer in our storm drain marking program.
When it rains, water runoff collects oil, pet waste, grease, soaps, and
sediment, where it then enters into the storm drain system, polluting
the surface water and the environment. You can spend as much time
as you wish and choose the area you want to mark. Volunteers must
be at least 15 years of age.

Instructions, maps, and storm drain marking supplies will be provided. For more information, please contact Tyler Beekley, Water Quality Specialist, (206) 870-6869 or tbeekley@desmoineswa.gov, or Janet Best, Volunteer Coordinator, (206) 870-6547 or jbest@desmoneswa.gov.

### Sunday, April 22, 2018 EARTH DAY CELEBRATION

at SALTWATER STATE PARK

Sponsored by Friends of Saltwater Park

Activities at the park for all ages include:

9:30 Scuba Divers Meet Up

10-2:30 Crafts/Nature Activities/Sea Life Tank

11 Hike in the Woods ~ 1.5 miles

1 Plant a Tree or Shrub

2:30 Beach Walk

Snacks provided and parking is Free!

Email Questions to: friends.saltwater.statepark@gmail.com







#### Spring Residential Collection Events

#### **Recycling Collection Event**

- · March 17, 2018; 9am to 3pm
- · Des Moines Marina
- See flyer on City website at www.desmoineswa.gov for accepted items

#### **Curbside Clean Up**

- Week of March 19th on scheduled collection day
- Residential customers may place up to 3 extra bags or cans of garbage out for collection at no additional cost
- Questions: Contact
   Recology CleanScapes
   at 206-762-4900 or desmoines@recology.com

#### Saltwater State Park NEXT RIGHT

Beach Park Hist Waterfront

Beach Park
Hist Waterfront
SECOND EXIT

#### NEW I-5 Signs

Coming soon to
the I-5 corridor are
new Department of
Transportation signs for
Des Moines. There will be
both a north bound and
south bound sign pointing
travelers to our beautiful
waterfront and city.
These signs were funded
by Seattle Southside
Regional Transit Authority.



22441 PACIFIC HWY S DES MOINES WA 98198 253-487-7227 • WWW.ALLPROAUTOSALE.COM

\$100 FOR REFERRALS—ASK FOR MORE DETAILS!
ALL CREDIT CAN GET APPROVED!

#### **BALLPARK BANNER SPONSORSHIP PROGRAM**

To promote local business we place 4x8' banners at Steven J Underwood

Memorial Park and/or the Field House Park. The program runs from April to November and businesses can have their banner fly for either one (1) year or three (3) years. Typically, these parks are booked solid from March through November so the banner would receive tremendous exposure. For more information or to participate in the program, phone 206-870-6547 or email jbest@desmoineswa.gov.



#### Planning a Charity Car Wash? You'll Need One of These!

It's not just dirt.... car wash kits that prevent these materials from entering nearby storm drains are available for check-out from the City at no cost. Charity car washes operating within the City of Des Moines must have a car wash kit in place if there is a risk of discharge to the storm system. For residential car washing remember it is always best to wash your vehicle in a location that prevents the runoff from entering the storm system.

For Car Wash Kit check-out procedures and questions, please contact the City's stormwater management department at 206-870-6869 or tbeekley@desmoineswa.gov.



# Spring Community Events

#### **NOT YOUR GRANDMA'S BINGO!**

Friday, March 23

6-9pm at the Des Moines Activity Center Join us for a night of food, fun, booze and prizes. www.desmoineslegacy.org



#### **EGGSTRAVAGANZA**

Saturday, March 31, 9–10am at the Beach Park
Leisurely EGG HUNT, crafts, prizes and Easter Bunny
photo at the Des Moines Beach Park. \$5 per child.
www.desmoineswa.gov

#### **EARTH DAY CLEAN-UP**

Saturday, April 21, 9am-Noon

Coordinated clean-up activities, in parks and on the beach.

Volunteers contact jbest@desmoineswa.gov.



#### **WATERLAND ART & WINE WALK**

Saturdays, May 12 and October 18

The art and wine walk features local artists in Des Moines Businesses. Participants can enjoy wine tastings at most locations while viewing the art.

www.destinationdesmoines.org



Saturday, May 12

Enjoy an array of activities on the Des Moines waterfront at the Yacht Club.

www.desmoinesvachtclub.com

# Summer

#### Community Events— Save the Date!

#### **ART ON POVERTY BAY**

Year-Around

Ribbon Cutting Saturday, June 2-11am

Outdoor sculpture gallery. Locations at Redondo Beach, Marina District and South 216th. www.desmoinesartscommission.com

#### **WATERFRONT FARMERS MARKETS**

Saturdays, June-September, 10am-2pm Showcases local fresh farm produce, artisans and foods at the Marina. www.dmfm.org



#### **PARKRUN**

Saturday, June 9, 9am

Every Saturday beginning June 9th enjoy a 5K run or walk on the Des Moines Creek Trail. http://www.parkrun.us/

#### **KAYAK AND PADDLEBOARD ADVENTURES**

June through August

Olympic Outdoor Center with equipment rentals at Redondo.

www.olympicoutdoorcenter.com

#### **SMOKE ON THE WATER**

Wednesday, July 11, 5-7pm at the Beach Park Community BBQ, Beer and Wine Garden, Root Beer Floats & Music. Ticket required. www.destinationdesmoines.com



Wednesdays, July 11 through August 22, 7pm Shakespeare in the Park—Sunday, August 5, 5pm Great entertainment on the waterfront. Beer and Wine Garden. Donations encouraged.

www.desmoinesartscommission.com

#### **LEGACY FOUNDATION'S BIDS FOR KIDS AUCTION**

Wednesday, July 11 - 5-8pm at the Beach Park Supports activities and after school programs for lowincome youth. No tickets required. www.desmoineslegacy.org

#### **WASHINGTON STRONGEST APPLE**

Saturday, July 14

Weightlifters from across the state compete at the Marina. www.strongmancorporation.com

#### **SEAFAIR WATERLAND FESTIVAL & PARADE**

Friday, July 20 through Sunday, July 22

Family events, NW Arts & Crafts Show, Parade and Car/ Motorcycle/Wooden boat show in Marina District. www.destinationdesmoines.org

#### **MOVIES IN A PARK**

Fridays in August

Great family movies at dusk in parks around the City. www.desmoineswa.gov/160/Recreational-Activities

#### **POVERTY BAY BLUES & BREWS**

Saturday, August 25, Noon–8pm

Great Blues music and Craft Breweries at the Beach Park. Ticket required. www.drinktomusic.org, www.dmnprotary.org







Wednesday, July 4 at the Des Moines Marina Independence Day Celebration on the waterfront. www.destinationdesmoines.org

# Monday - Wednesday Monday - Wednesday

\*We hope to restart evening classes in the near future

#### LAP SWIM

Swim your way to better health and fitness					
Mon - Wed - Fri	5:30 - 8 am				
Monday - Friday	8 - 9 am				
Monday - Friday	11 am - 1 pm				
Mon - Wed - Fri	8 - 9 pm				
Saturday	Noon - 1 pm				

#### **OPEN SWIM**

Stop in and enjoy a refreshing dip					
Monday - Friday (family)	10:30 am - 2 pm				
Mon - Wed - Fri	7 - 8 pm				
Mon - Wed - Fri	8 - 9 pm				
Saturday	1 -2 pm				

#### **POOL RENTALS**

ne pool is available Saturdays for a variety of events.

Rental includes mats, noodles, a diving board, and lifejackets upon request.

We are typically able to schedule rentals up to 3 months in advance. Payment for all rentals is due 2 weeks before event.

RATES	Resident	Non- Resident	
<25 people in water	\$90	\$99	
26 - 60 people in water	\$120	\$132	
61 - 103 people in water	\$150	\$165	
Front lobby	\$45	\$49.50	

We're Focused on Safety and Service.

Come See the Difference!

mount rainier pool

FEES AND PASSES							
Daily Passes (		n Swim	Lap Swim		Water Exercise		
Sec. 65	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident	
Adult (18-61)	\$3.75	\$4.50	\$4.50	\$5.25	\$6.50	\$7.25	
Senior (62+)	\$3.00	\$3.75	\$3.25	\$4.00	\$5.00	\$5.75	
Youth (2-17)	\$3.00	\$3.75	\$3.25	\$4.00	\$5.00	\$5.75	

10-Visit Passes	Open Swim		Lap Swim		Water Exercise	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18-61)	\$34.00	\$40.50	\$39.00	\$47.25	\$51.50	\$60.00
Senior (62+)	\$27.00	\$34.00	\$28.00	\$36.00	\$42.50	\$51.00
Youth (2-17)	\$27.00	\$34.00	\$28.00	\$36.00	\$42.50	\$51.00

Facility Passes***	3 Month		Annual		Monthly**	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18-61)	\$125.00	\$145.00	\$399.00	\$499.00	\$37.00	\$42.00
Senior (62+)	\$79.00	\$96.00	\$199.00	\$239.00	\$18.00	\$22.00
Youth (2-17)	\$79.00	\$96.00	\$199.00	\$239.00	\$25.00	\$30.00
Disabled Swimmer	\$89.00	\$109.00	\$251.00	\$299.00	\$23.00	\$28.00
Family	\$249.00	\$299.00	\$475.00	\$575.00	\$44.00	\$53.00

Water Exercise Passes	A	nnual	Monthly**		
	Resident*	Non-Resident	Resident*	Non-Resident	
Adult (18-61)	\$499.00	\$559.00	\$45.00	\$55.00	
Senior (62+)	\$384.00	\$434.00	\$40.00	\$49.00	
Youth (2-17)	\$384.00	\$434.00	\$40.00	\$49.00	



- \* Residents of Des Moines and Normandy Park receive a discounted rate.
- \*\* Monthly Passes-participants are required to make annual (12 month) commitment.
- \*\*\* Facility passes give users access to Open, Family, Lap and Water Walking Swims.

#### SCHOOL DAYS OUT

Need a safe and productive place for your kids.? Participants can swim, dive, and use the Water Walk (call for availability).

Times: Noon - 3 pm

Dates: March 9, April 9-13, May 28-29

Fees: \$3/for everyone

#### **SCHOLARSHIPS**

Swimming is an essential life skill and we are dedicated to making swim lessons available to as many kids as possible. Contact us about scholarship opportunities.

#### APRIL POOL'S DAY — SAVE THE DATE

#### April 14 1-3 pm Free

Our pool is hosting April Pool's Day events for families and community members. Each event is designed by the pool and includes a combination of water safety activities and free swim time.

Mt. Rainier Pool offers:

1-2 pm — 2-3 pm —

One hour of free water safety stations, elementary rescue

and use

One-hour free swim

A door prize drawing for a life jacket and a

elementary rescue
and life jacket fitting

3-month membership.

Water safety stations will include: Hypothermia, life jacket fitting, swimming safely, and reach or

throw (don't go) stations.

Swim lessons will start this summer. Sign up for email notifications at www.mtrainierpool.com



www.MtRainierPool.com



22722 - 19th Ave S • Des Moines • 206-824-4722

@MTRAINIERPOOL

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT

#### MOUNT RAINIER POOL

GOVERNED BY THE DES MOINES POOL METROPOLITAN DISTRICT



# Re-Opening in March – Come See the Difference!

#### Visit www.mtrainierpool.com for more information

				DULE (Through .			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30–8 am (M, W, F)	Lap Swim		Lap Swim		Lap Swim	Man Mallian	CLOSED
8–9 am	Water Aerobics — 8:30 - 9:30 am Lap Swim	- Water Walking 7–10 am Swim Team – 6 Lanes 7 am – noon					
9–10 am	Lap Swim Water Walking 9:30 am	Lap Swim Water Walking 9:30 am	Lap Swim Water Walking 9:30 am	Lap Swim Water Walking 9:30 am	Lap Swim Water Walking 9:30 am	Family Swim 10 am - noon	
10–11 am	Lap Swim Water Walking						
11–12 pm	Lap Swim Family Swim						
12–1 pm	Lap Swim Family Swim	Open/Family Swim (Lap Swim 3 Lanes)					
1–3:30 pm		noon - 2 pm  2 - 8 pm Private Rentals	-				
3:30–4 pm	Swim Team – 6 Lanes	(Visit website for					
4–5 pm	Swim Team – 6 Lanes Family Swim shallow	Swim Team — 6 Lanes Family Swim shallow	Swim Team – 6 Lanes Family Swim shallow	Swim Team — 6 Lanes Family Swim shallow	Swim Team — 6 Lanes Family Swim shallow	more information)	
5–6 pm	Swim Team – 6 Lanes Family Swim shallow						
6–7 pm	Swim Team – 6 Lanes Family Swim shallow	Men					
7–8 pm	Half open swim Dive Seattle – 3 Lanes	Half open swim Swim Team – 3 Lanes	Half open swim Dive Seattle – 3 Lanes	Half open swim Swim Team — 3 Lanes	Half open swim Swim Team — 3 Lanes		
8–9 pm	Lap Swim – 6 Lanes Water Aerobics		Lap Swim – 6 Lanes Water Aerobics		Open swim		

EARLY BIRD SPECIAL: Non-Residents, Register before June 30 at Resident Rate. Interactive schedule available at Mtrainierpool.com — includes schedule changes.



We're Focused on Safety and Service.

Come See the Difference!

www.MtRainierPool.com



22722 - 19th Ave S • Des Moines • 206-824-4722







## Rec'n Roll







#### CITY RECREATIONAL FACILITIES/PROGRAM SITES

F	arks & Recreation Offices					/	1	1	//	7	7	1/2	7	1	//	1	3/	//	7	/	
	Field House Activity Center 1000 \$ 220th Street 2045 \$ 216th \$c\$  Des Moines, WA 98198 Des Moines, WA 98198 206-870-6527 206-870-1642	Acreage		BALLANES	RECHELOS	Mc Mage	Sales	" BALLE	Town Property	TOWN COMPANIES	REAL MEAGE		1 1 1 1 ES	Semeral Barrell	PARTIE CONTRACTOR OF THE PARTIES OF	BOYNE SOUND	1000	J. Revisal	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	THESTONE	STOP DES MONTES
	Facility / Address	Ac	1	/3		1/2	18		18/	\$ /2		\$ 8	1		18	100	Security of the second		* /	The state of the s	
1	Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2									•										Programon - State 2
2	Big Catch Plaza SW corner of S. 216th & Marine View Dr. S.	0,2									•								•	•	S 200 <sup>51</sup> St. City of Souths
3	Cecil Powell Park 250th & 13th Pl.S.	0,2	•			•															
4	Des Moines Activity Center 2045 S. 216th Street				•					•					•		•			•	Σ Ni,mah
5	Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6	•		•	•			1		•		•			•	•	•	•	•	
6	Des Moines Creek Trail Access at S. 200th St. (SeaTac), 18th Ave., S. & 216th St. and 13th Ave., S. & S. 211th St.	9.58							•		•	•	•		•	•					S 216th 51 Central # Pacific
7	Des Moines Marina 22307 Dock Ave. S.	45	8			0		•						•	•						Ridge
8	Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																			Downtown
9	Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86	•			•	•		•	•	•				•			U.			
10	Field House Park/Community Center 1000 S, 220th St.	5.2	•		•	•	•			•			•		•		•	6			· 55
11	Kiddie / City Park S. 230th St. & 21st Ave. S.	3.2	•			•		ĺ	1	•	•									•	
12	Midway Park S. 22 lst & 29th Ave. S.	1.6	•				•				•					Ţ		į		•	S 240th St. City of Kest.
13	Overlook 1 Park Corner of S. 223rd & Cliff Ave. S.	0.1					Ħ						•							•	S 2400°S: City of Kent
14	Overlook II Park S. 222nd & 5th Ave. S.	0,5						Ī					•		•				•		Zenith South Des Moines 15
15	Parkside Park S.244th St. & 25th Ave. S.	4.4					•														SAUTH SE SOUTH SE SOU
16	Parkside Wetlands 248th St. & 26th Ave.	14							1	•									L		5
17	Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79			•			•						•			1	•		•	Woodmont
18	Sonju Park 24728   16th Ave. S.	9.3							•												\$ \$ 260th \$1
19	South Marina Park NE corner of S. 227th & Dock Ave, S.	0.8	7			•									•			H			\$ 8// P
20	Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5					00								•		•				Total Rayer
21	Van Gasken House 40 5th Ave. S.	0.5											•				•		•		5 272 <sup>nd</sup> 51
22	Water Tower Park 208th between 5th & 6th	1.34	•			•					•										En
23	Westwood Park 6th Ave. S, & S, 192nd St.	1.34					•				•	101		j				9		•	Redondo
24	Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8,7							•		Ī										3030
25	Wooton Park 28202 S. 9th Ave.	2.3				•	•		•	•			•		•		•			•	City of Federal Way
26	Zenith Park NW corner of S. 240th & 16th Ave. S.	5.5		•			•								•		•				

#### Who's the Boss—The Dog or You?

Have you become frustrated with your dog's behavior, like being fussy when you try to groom him, or not coming when called?

Do you wonder why your dog nip at you, or why he barks at other dogs? And why do our dogs try to eat or roll in something we find disgusting? Master Animal Control Officer Jan Magnuson, who has raised, trained, and shown dogs for over 40 years, can help you understand when your



dog is just "acting like a dog", and when we need to step up and be the (kind, calm, confident) "pack leader"! Class is one hour and includes a handout and a live-dog demonstration!

Tue

**May 16** 

#### Speaking of Dying: Living Deeply, Dying Well Film & Discussion—Back by popular demand

View a short film dedicated to the idea that we can all have a better death and learn what's important about supporting a loved one who is dying. This film inspires and encourages you to talk to your friends and family about your own choices for medical treatment if you can no longer speak for yourself. It helps break the taboo in our culture - of not talking about death, even though none of us get out of life alive. Afterwards there will be time to share your thoughts, and get some of your questions answered. Instructor: Jennifer Kropack, Heartwork Circles, Certified Facilitator. The four week workshop for this program will be held in June. Sponsored by Des Moines Legacy Foundation.

Tue

May 22

1pm

#### REGISTRATION INFORMATION

#### PARKS AND RECREATION **ADMINISTRATIVE OFFICE**

1000 South 220th Street Des Moines WA 98198 206-870-6527 TDD Line: 206-824-6024 Fax: 206-870-6587 recreation@desmoineswa.gov http://www.desmoineswa.gov/155/ Parks-Recreation-Senior-Services Hours: Monday - Friday, 8am-6pm Program registration: https:// apps.dashplatform.com/dash/ index.php?Action=Auth/ login&company=desmoines

#### **DES MOINES ACTIVITY CENTER** OFFICE SENIOR SERVICES

2045 S 216th Street Des Moines WA 98198 PO Box 98576 206-878-1642 Fax 206-878-2260 seniors@desmoineswa.gov http://www.desmoineswa. gov/217/Senior-Services Hours: Monday-Friday, 9am-4pm Program registration: https:// apps.dashplatform.com/dash/ index.php?Action=Auth/ login&company=desmoines

#### **Resident Priority:**

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs. The Resident Discount ("RD") Fee is

available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address, Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.) The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

#### **HOW TO REGISTER:**

Program registration: https:// apps.dashplatform.com/dash/ index.php?Action=Auth/ login&company=desmoines Walk-in: Check, Cash, Visa/MasterCard. Phone: Visa/Mastercard. Mail-in: Registration Form with payment by check or Visa/MasterCard information. Registration forms are available in the offices or online at http:// www.desmoineswa.gov/158/ Forms-Documents

#### Registration Policies:

Pre-registration is required for all programs unless otherwise stated. Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

#### **Refund Policy/Cancellations:**

When DMPR/SS cancels a program, a full refund or credit will be issued Refunds, less a \$20 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. No refund will be issued for:

- Programs costing \$10 or less.
- · Programs where admission fee was purchased in advance. Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

**Accommodation of Disabilities:** 

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

**Gender Equity Statement:** 

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration

Monday, May 28

**HOLIDAY CLOSURE** 

of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex. If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

**Inclement Weather:** During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report. School Closed: All Des Moines Recreation & Senior Services

Department programs are cancelled. School Open/1-hour Late Arrival: All non-Club KHAOS (check parent packet for details) recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am—call 206-

878-1642 for updated information. School Open/2-hour Late Arrival: All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am—call 206-870-6527 for updated information. When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs)

for updated information.

#### **BLUE PRINT FOR LIVING**

Held at the Des Moines Activity Center (2045 South 216th), a series of workshops and presentations designed to enhance your independence. Advance registration required. Phone 206-878-1642 or register online at desmoineswa.gov/dash.

#### **Essentials for Successful Spring Gardening!**

Let's get ready for spring with a checklist of tips for starting a successful garden! Join Bridget Kubes with the On-the-

Grow Garden Truck and learn about the best seeds to buy, how to prepare rich, nutrientdense soil, and take home a list of tips to make gardening



easy and fun! Whether you grow in patio pots or have a full backyard garden, this class will have tips for everyone.

Thu Mar 22 11am

#### **How to Navigate Your Senior Agency Choices**

There are so many choices for support and services as we age, how do you choose? What criteria should you consider? Join Kelly Hammond, with A Place for Mom, for a presentation on senior care options and what each service can provide. She will cover home care, home health, adult family homes, independent living, assisted living, skilled nursing, memory care and hospice. Your questions welcome!

Tue Apr 10 11am

#### **Retirement; Now What?**

We all want to make the very most of our retirement years, but what is the roadmap for this? Recently retired from a twenty-year career at Microsoft, George A. Santino has been living the dream; at least his dream of retirement. From writing songs, recording music, performing live, writing a book, speaking publicly, and even visiting 22 countries, George has stayed very busy since his retirement.



He'd even tell you that he doesn't know how he ever had time to go to work. Using the same techniques he used to build a long and successful career at Microsoft, George A. Santino is building a successful retirement that he hopes will be long as well. Sponsored by the Des Moines Legacy Foundation.

Tue Apr 17 7pm

#### **ORCA Senior Discount Card**

Get your SENIOR reduced price ORCA card here! Not available at the local vendors. Adult, youth, senior and disabled regional reduced fare permits, E- purse value or a monthly pass.

Wed Apr 18

12:45-2pm

#### **Volunteer Vacations that Make a Difference**

Hear a volunteer Rotarian's first hand perspective on his international volunteer projects that are beneficial to communities throughout the world. Speaker Steve Swank will discuss on-going projects in Bolivia, Nepal and Nicaragua. Projects include building eco-latrines, clean water projects, assistance in building medical facilities and health care programs. Your retirement years can really make a difference around the world!

Tue Apr 24 7pm

#### Do You Have Swallowing Issues?

Do you or a loved one have difficulty swallowing? Lori Webb, with Highline Physical Therapy, will be discussing Dysphagia (swallowing disorders), signs/symptoms, and treatment options. Please join us in discussing signs and symptoms of swallowing problems, common causes, and ways to improve swallow function.

Mon Apr 30 11am

#### **Aging Wisdom—Two Spring Topics**

Volunteer social worker, Gerry Stone, MSW, continues her informative and helpful Aging Wisdom presentations:

#### You Think You Know Medicare?

You may think you do, but Gerry has over forty years of the ins and outs of Medicare, what it covers, what it doesn't cover and what you really need to know.

Wed May 2 1pm

#### Now, Medicaid ...

Now that you have a better understanding of Medicare it may be helpful for you to know the difference between Medicare and Medicaid... and yes, there are many!



Wed May 9 1pm

#### **Stories That Feed Us**

Join Bridget Kubes and the On-the-Grow Garden Truck as we explore and taste what's growing on the truck, and share stories about the joy of food, family and culture. What is your favorite memory of preparing food with a relative? Do you have a favorite dish that connects you to home, your culture, or your family? Did your grandparents grow their own food or have special plant remedies for illness? Whether we have stories around growing, cooking, eating, healing or celebrating, every memory roots us to the importance food plays in our lives, family, community and culture!

Mon May 7 11am

#### **SENIOR OUTINGS**

#### **Out to Lunch**

Enjoy a no-host lunch at new and old favorite eateries around the Sound. All trips depart 10–10:45am and return about 2pm.



Fri	Age 50+	\$10 Transportation Fee
Apr 13		The Harp Bar & Restaurant, Kent
May 11		Pecos Pit Bar-B-Que, West Seattle

#### **Golf Outings**

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis or meet at the course. All players draw numbers to determine playing partners and tee position. Departure is 8–8:30am and return time varies. Players pay their own green fees.

Mon	Age 50+	\$10 Trans	sportation Fee
Date	Course	City	<b>Green Fee</b>
Apr 23	Allenmore	Tacoma	\$17
May 7	High Cedars	Orting	\$18
May 21	Capital City	Lacey	\$18
Jun 4	Lake Limerek	Shelton	\$18



#### **Horticulture Outings**

Explore lush and varied Northwest gardens and nurseries. Lunch at local eateries or bring a sack lunch. Note: Transportation fee does not reflect no-host lunch or garden admission fees. Age 50+.

Fri		\$10 Transporta	ation Fee
Date	Nursery/Garden	City	Depart
Apr 6	West Seattle Lunch at Endolyne Joe's	West Sea.	10am
Apr 20	Flower World Lunch at Maltby Café	Snohomish	8:30am
May 4	Woodbrook Native Lunch at Tanglewood Gril	Gig Harbor II	9am
May 18	Clematis Garden Lunch TBA	Seattle	9am
Jun 4	Bassetti's Crooked Arbor Bring a Sack Lunch	Woodinville	9am



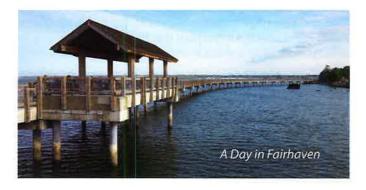
#### **Day Trips**

Explore the Northwest and leave the driving to us!

Age 50+. Travel days may vary.

#### Location

Date	City	Time	Fee
Hibulb Cultural Ce Wed Apr 4	nter & Natural Histo Tulalip	ry Preserve Tour 8:30am–3pm	\$20
Boehms Candies & Wed Apr 11	Chocolates Tour Issaquah	9:30am–3pm	\$17
Lakewold Gardens Wed Apr 18	Coffee and Chat To Lakewood	ur 9:40am–3pm	\$20
Shadow Theatre Fi Sun Apr 29	reflies, Pantages The Tacoma	eater 1:45–6pm	\$50
Nisqually Red Wind Wed May 2	d Casino Olympia	9am–3pm	\$12
NW Trek Tram Tour Wed May 9	Eatonville	8:30am-2pm	\$35
Little Bit Therapeut Wed May 16	tic Riding Center Too Redmond	ur 8:45am–2:30pm	\$12
Bloedel Reserve To Wed May 23	ur Bainbridge Island	8am–4pm	\$30
A Day in Fairhaven Wed May 30	Bellingham	8am–4pm	\$15



# Rec'n Ro

#### **Zumba Gold** (Silver & Fit Eligible)

Zumba-Gold is accessible for seniors, beginners or others needing modifications in their exercise routine. As we age, exercise continues to be of



critical importance to weight management, heart health, balance, and injury prevention. Zumba Gold is a dance workout infused with a medley of dance styles, including merengue, cha-cha, cumbia, belly dance, rumba, tango and salsa. Zumba Gold falls under the category of endurance training, which keeps the heart healthy and the circulatory system strong. Wear loose fitting, comfortable clothing that allows your body to experience a wide range of movement. Wear athletic shoes to support your ankles and knees to efficiently and safely move through your workout. Chairs available for seated modifications of the dances. Instructor: Deborah Birrane.

Apr 5-May 24 Thu 3:30-4:20pm \$55 Activity Center

#### Yoga for Your Back, Move with Ease (Silver & Fit Eligible)



Who's got your back? You do! Radiant Health Yoga a Hatha based yoga practice, will allow you to explore more deeply and gently what your body and mind seek... less pain! Yoga helps increase strength in very specific muscles and muscle groups. Back and abdominal muscles are essential components of the muscular network of the spine, helping the body maintain proper upright posture and movement. When these muscles

are conditioned, back pain can be greatly reduced or avoided. Breathing is another important component to your yoga practice. The quality of the breath in many ways determines the quality of your yoga practice. Breath sets the stage for a relaxed body, encourages strong circulation, and eases tension—thus minimizing pain and disease. Wear comfortable clothing, bring a mat and a blanket. Instructor: Deborah Birrane.

Apr 5-May 24 Thu 4:30-5:30pm \$55 Activity Center

#### **Sunday Dances**

Dancing stimulates your mind, body and soul! Waltz, Jitterbug, Swing... move to the live music of Randy Litch on our beautiful hard wood floor. Stafford Healthcare provides hot beverages. Adults of all ages welcome!

April 22 1-3pm \$5 **Activity Center** \$5 **Activity Center May 27** 1-3pm

#### **Sunday Walks!**

Gary McNeill with Des Moines Legacy Foundation is hosting local walks on a Sunday each month. The location and routes of the walks are subject to change, so updated information can be obtained from the Des Moines Legacy Foundation web page or on Meetup.com by searching for Des Moines Waterland Walking Group.

11:00am Sun

April 15 Redondo Pier near Salty's

May 20 **DM Marina** 

#### Dance for Parkinson's

(For adults with movement issues)

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience necessary. Classes are based

"They made me laugh out loud, which is harder to do these days."

Participant

on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register in advance by calling Shawn Roberts, Seattle Theatre Group, 206-518-5232 or in person at the first class.

Mar 26-May 14 **Activity Center** Mon 2-3:30pm \$5 Suggested donation for the 8 week course

#### **CHANGE YOUR LIFE** AND YOUR COMMUNITY

Give back to your community! Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life-individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

ADOPT A SPOT PROGRAM Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines Spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks. Contact: Janet Best: 206-870-6547 or jbest@desmoineswa.gov

KING COUNTY BEACH NATURALIST PROGRAM Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it. Contact: beachnaturalist@seattleaquarium.org.

FRIENDS OF DES MOINES CREEK partners with community volunteers to remove invasive weeds, replant natives, and maintain and protect the Des Moines Creek buffer. Contact: Laura Hartema-FriendsOfDesMoinesCreek@yahoo.com

SONJU COMMUNITY ORCHARD & GARDEN Harvest fruit & vegetables for the food bank or participate in the community garden/pea patch work parties. Contact: Kim Richmond at friendsofsonjupark@hotmail.com

DES MOINES ACTIVITY CENTER Give back to our community's older adults by lending a hand and you'll feel good too! Seeking: IT Instructor, Hiking Leader and laptop/cellphone one on one help, Trip Drivers and Instructors. Contact: 206-878-1642 or seniors@desmoineswa.gov.

DES MOINES PARKS & RECREATION Inspire our youth! Seeking volunteers to coach or assist with special events. Seeking teens for the youth council program. Contact: 206-870-6586 or recreation@desmoineswa.gov

#### **AARP Smart Drivers Course**

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits that have crept into your driving pattern. Upon completion of the course your certificate will get you



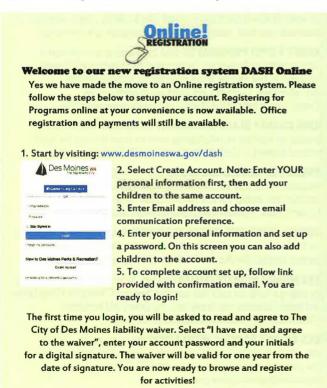
a discount on your auto insurance as required by state law. Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program. Payment collected on first day of class in either check or money order form. Adults Age 50+.

Tue/Wed Apr 17–18 10am–2:30pm Activity Center \$15AARP Member/\$20AARP Non-member

#### Seniors Making Art—Comic Book Memoir

Let's tell the stories of our lives through drawing and writing comics! Following a brief history of comic book memoir through graphic novels and comics, students will engage in memory, drawing and writing activities to identify the best of their personal stories. Students will learn the basics of comics-making, such as character development, facial expression, body language, page layout and story pacing. We're not talking superheroes here, but instead, stories that address real life, meaningful situations. No drawing or writing experience required, just an open mind and a willingness to share your stories. All supplies provided. Course donated by the Des Moines Legacy Foundation. Instructor: Kelly Froh

Thu Apr 26–Jun 14 1–3pm FREE



#### **ADULT FITNESS**

#### **Chair Yoga (Movement Class)**

Experience relaxation, improve flexibility, and reduce some health concerns. Gentle stretching takes place in a chair to give you the support you need while going through the movements. Start your day off right by participating in a full body stretch with Carolyn Rosenfield. Wear comfortable, loose clothing.

Thu NEW LOCATION: NP City Hall Rec Ctr Apr 12–May 17 11am–12pm \$40

#### Tai Chi (Silver & Fit Eligible)

This class is broken down into Introductory Levels and Continuation Levels. The Introductory Level will familiarize students with the basic movements of Tai Chi. The Continuation Level gives students with the previous Tai Chi experiences greater opportunity to explore and practice movements of the 24 patter sequence. The emphasis for both levels is on the no-impact, relaxed flowing movements which aid in



balance, increased strength and vitality. Wear comfortable, loose clothing. Instructor: John Lindsay.

Mon/Wed Introductory Level	NP City Hall Rec Cntr	R/NR
Apr 16–May 16	11am–12pm	\$60
Mon/Wed Continuation Level	Activity Center	<b>R/NR</b>
Apr 16–May 16	5:30–630pm	\$60

#### **Enhance Fitness** (Silver & Fit and Kaiser Permanente Eligible)

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Keizer Permanente and Senior Services. Instructor: Yu San Gartz.

Tue/Thu/Friday	Field House	Drop-in fee: \$5
Apr 2-27	8-9am or 9:20-10:20	am \$48
May 1-31	8-9am or 9:20-10:20	am \$56





# rec'n 201

#### **ADULT LEAGUES**

#### **Softball Leagues**

#### **Adult Men & Co-ed**

Spring ball is approaching soon! Get to first base with your team and signup for a 14-game season topped off with a single elimination post season tournament.

**Registration Deadline:** R/NR Apr 10 **Coaches Meeting:** Apr 10 \$960/\$1,045

Coed Recreation Division Mon evenings Starts Apr 23 Men's Recreation Division Tue evenings Starts Apr 24

#### **Senior Adult Coed Softball**

Now recruiting avid softball players for Des Moines recreational senior coed softball teams! Call 206-870-6527 for details.

#### Age 50+

Player fees range between \$20-\$40 (determined after the sign-up and sponsor deadline)

**Practices:** Games on:

**Game Times:** 

Tue/Thu Tue/Thu

10am

Apr May

Practices/Home Games Steven J Underwood Memorial Park Away League Games Fields throughout King County



"The Youth Experiential Training Institute 🗖 (Y.E.T.I.) wants to get you outside! 🖁 At Y.E.T.I. our mission is to develop character, stewardship, and grit in all youth through challenging outdoor adventure. Our offerings include hiking, backpacking, climbing, sea kayaking,

white water rafting, mountaineering, and snowshoeing, with new programs added regularly. Open to high school

and middle school students in South King County, full and partial scholarships are available. For more information or to get signed up today, visit us at www.goveti.org!"



#### ADULT ENRICHMENT

#### Classes

#### **American Boating Course**

Learn the essential information to operate a boat including, boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack lunch. Fee includes textbook and all materials. Students are responsible for picking up supplies.

Instructor: Poverty Bay Power Squadron.

Sat	Ages 12+	Public Works/Parks	s Service Ctr
Apr 21		8am-4pm	\$40
Jun 16		8am-4pm	\$40

#### **Advanced Piloting**

Advanced Piloting is the final part of the inland and coastal navigation series. This material continues to build on the base developed in Piloting, and includes practical use of additional electronic navigation systems and other advanced techniques for finding position. Instructor: Poverty Bay Power Squadron.

Wed **Public Works/Parks Service Ctr** 

Mar 21-May 30 7-9pm \$45 USPS Members

#### **Dog Obedience**

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Office, Champion Trainer.

Dogs 4+ months Field House R/NR \$95/\$105 Apr 11-May 16 (full) 7:15-8:15pm Jun 6-July 18\* 7:15-8:15pm \$95/\$105

\*No Class on July 4

#### **Watercolor: The Fun and Easy Way**

Whether you have never tried watercolors before, or are an experienced watercolorist, this class takes the mystery out of this often elusive medium. Learn to get the colors and values you desire by choosing the correct pigments, and the right ratio of water to paint. We will paint live



seasonal subjects and landscapes from photos. Experienced painters can confidently branch off from this and add their own creative flourishes. Beginners and advanced painters will create their own unique watercolors—with no mud!

1-3:30pm \$55 **Activity Center** Mon Apr 2-30



#### **Indoor Tot Time**

As the weather remains bad outside, keep your little ones active indoors with age appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand. Join in the fun and watch them make new friends along the way.

Ages 1–5 \$20/10-visit punch card or \$3/drop-in per child Mon/Wed Jan 3–Jun 13 10am–12pm Field House \*No Tot-Time: Feb 19, Apr 9, Apr 11, May 28

#### **Kokondo Martial Arts**

Learn basic karate including blocks, kicks, and strikes. Emphasis placed on effective street self-defense; students learn to defend themselves against punches, grabs, chokes, bear hugs and more. Instructor: Dave Thompson

Wed/Fri	Age 12+	<b>Field House</b>	R/NR
Apr		5-6:30pm	\$30/\$34
May		5-6:30pm	\$34/\$39
Jun		5-6:30pm	\$34/\$39

#### **Tiger Kids Martial Arts Course Overview**

Fee: All participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional and available from the instructor. Instructor: Mitch Mayberry, International Champion, 9th Degree Master.

#### Tiny Tigers Kung Fu & Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination, and improved listening skills through the use of games and training aids including bag kicking and sword play for fun.

Wed	Ages 3-6	<b>Field House</b>	R/NR
Apr 18–Jun 6		4:20-4:50	\$92/\$110

#### **Tiger Kids/Family Martial Arts & Fitness**

Kids and their parents or just the kids can have fun while developing coordination, focus and fitness. Students can progress in Belts and learn the simple moves of Taekwondo/Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu step by step promoting confidence, achievement & safety skill. Bag Kicking & Jedi Warrior sparring also for fun.

Ages 7+	4:50-5:30pm	Field House
<b>Colored Belts</b>	4:50-5:45pm	R/NR
Apr 18–Jun 6		\$92/\$110

#### **TEEN**



#### **Des Moines Youth Council**

Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year—such as trips to Wild Waves or Seattle Mariners games. Open enrollment year round—request an application. Parents are invited to attend the first meeting. Call in advance to confirm meetings dates at 206-870-6582 Facilitator, Recreation Staff.

**Every other Thu until June 14th**Grades 6–8 Free Field House

#### **Open Gym Basketball**

Every early release Friday open gym is available for all Des Moines middle/high school students. This will include full or half court pick-up games pending the amount of participants. No school = No open gym. Must have student ID.

Fri	Field House	R/NR
Jan 5–Jun 15	1–4pm	\$3

#### Teen Dance(s)

Kick it at themed dance parties hosted by the Des Moines Youth Council! Themed dance parties feature contests, concessions and dancing. Facilitator: Recreation Staff. Grades 6-8, dance waiver and student ID required for admission. Des Moines schools only (DM residents with parent verification).

Fri Field House		R/NR
Mar 23	7:30-10pm	\$8
May 18	7:30-10pm	\$8





#### **YOUTH LEAGUES**

#### **Tee-Ball / Coach Pitch Coed Leagues**

Registration starts March 1 and closes May 20.

Get out the leather glove, swing that aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing and catching properly. Playing field and rules are modified to match participant age and skill levels.



Age 3-5 Tee-Ball • Ages 6-8 Coach Pitch

Season Runs Jun 4-Aug 4 • Des Moines Area Fields

Registration Dates	R/NR
Mar 1–Apr 30	\$71/\$84
May 1–May 20	\$81/\$95

#### **Coaches Meetings**

Tee-Ball

Tue May 22 6pm Field House

For information about coaching, sponsorship and scholarships please call 206-870-6527.

#### **YOUTH ACTIVITIES**

#### **Basketball Training Clinic**

Des Moines Parks and Recreation is the place to go if you want to develop as a basketball player. Michael and Marv Johnson of the Johnson Boys B-Ball Training, formerly of South Sound Athletics are here to help. They have helped train NBA players like Jamal Crawford, Rodney Stuckey, Nate Robinson, and Isiah Thomas. All levels are welcome, they cover shooting, ball handling, passing, and how to play without the ball in hands. Sign up now and you will become a better player and learn what it takes to get as good as you want.

Grade 4-8		R/NR	Field House
Thu	Apr 5-26	\$130/\$156	5:30-7pm
Thu	May 3-24	\$130/\$156	5:30-7pm
Thu	Jun 7-28	\$130/\$156	5:30-7pm





# RECREATION SCHOLARSHIPS



The City of Des Moines Parks Recreation and Senior Services strives to make all programs and activities accessible to all people regardless of income. Scholarships will be granted on a percentage discount, depending on individual circumstances. All information will remain confidential. To be eligible for a scholarship, you must reside within the city limits of Des Moines, WA and meet the family size/yearly income requirements. Applicants meeting eligibility guidelines are awarded up to \$150 per quarter per calendar year. Eligible residents will be required to provide proof of identification, residency, and income. Scholarship applicants must be approved prior to registration. Call 206-870-6527 for more information.

La Ciudad de Des Moines Parques de Recreación y Servicios para Personas Mayores se esfuerza por hacer que todos los programas y actividades sean accesibles a todas las personas independientemente de sus ingresos. Las becas se otorgarán con un descuento porcentual, dependiendo de las circunstancias individuales. Toda la información permanecerá confidencial. Para ser elegible Para una beca, debe residir dentro de los límites de la ciudad de Des Moines, WA y cumplir con el tamaño de la familia / ingresos anuales. Reunión de solicitantes Las pautas de elegibilidad se otorgan hasta \$ 150 por trimestre por año calendario. Los residentes elegibles deberán presentar prueba de identificación, residencia, Y los ingresos. Los solicitantes de becas deben ser aprobados antes del registro. Llame al 206-870-6527 para más información.

Household Size	1	2	3	4	5	6	7	8
50% Discount	\$21,987	\$29,637	\$37,296	\$44,955	\$52,614	\$60,273	\$67,951	\$75,647
75% Discount	\$18,711	\$25,232	\$31,752	\$38,273	\$44,793	\$51,314	\$57,850	\$64,402
90% Discount	\$15,444	\$20,826	\$26,208	\$31,590	\$36,972	\$42,354	\$47,749	\$53,157

Example: If your family size is 2 and your income is \$20,826 or less, you are eligible for a 90% scholarship.

<sup>\*</sup> Acceptable forms of back-up information: Proof of Identity: driver's license, ID card, or passport. Proof of Residence: utility bill or rental lease agreement.

Proof of Income: most current tax return, most current paycheck stub, DSHS check stub, SSI statement.\*

#### **CLUB KHAOS:** KIDS HAVING AN **OUTRAGEOUS SCHOOL YEAR!**

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!

#### Grades K-6 Mon-Fri

Registration Fee (One time): \$30 Resident (R) • \$35 Non-Resident (NR)

#### **Highline School District Sites:**

Des Moines, North Hill, Marvista, Midway & Parkside **Elementary Schools** 

#### Federal Way School District Site:

Woodmont Elementary School

#### **Financial Scholarships Available:**

Please call 206-870-6527 for detailed information!

Monthly sessions throughout the school year. (Must register for full month for discounts shown)

#### Wake Up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime. 6:30am-school starts.

Federal Way

Federal Way

R/NR

R/NR

#### 6:30am-School Starts

Highline

Highline

and the second s			
Apr	\$230/\$279	Apr	\$186/\$226
May	\$315/\$384	May	\$245/\$297
Jun	\$201/\$245	Jun	\$163/\$198
Daily Fee:	(Must preregister to attend)		R/NR
Highline Sites			\$18/\$21
Federal Way S	ite		\$14/\$17

#### Sunset in KHAOS

Relax knowing your child is fueled with a nutritious snack and will burn off that excess energy absorbed in lively games, seasonal arts and crafts, and creative pay. Time is set aside for homework.

School dismissal-6pm (Price does not include Early Release days)

Apr	\$187/\$227	Apr	\$245/\$297
May	\$258/\$314	May	\$349/\$424
Jun	\$158/\$192	Jun	\$210/\$254
Daily Fee:	(Must prere	egister to attend)	R/NR
Highline Site	S		\$18/\$21
Federal Way	Site		\$21/\$26

#### Sunset in KHAOS: Early Release

90 minute early release days.

Highline FRIDAY	R/NR	Federal Way WEDNESDAY	R/NR	
Apr 6, 20, 27	\$57/\$65	Apr 11, 25	\$43/\$49	
May 4, 11, 18, 25	\$75/\$87	May 16	\$26/\$30	
Jun 1, 8, 15, 20	\$75/\$87	Jun 6, 20	\$43/\$49	
Daily Fee:	(Must prere	gister to attend)	R/NR	
EARLY RELEASE FRIDAYS				
EARLY RELEASE F	RIDAYS			
EARLY RELEASE F Highline Sites	RIDAYS		\$23/\$26	
	y		\$23/\$26	

#### **Sunrise to Sunset**

Give yourself worry-free days and a significant fee reduction.

Highline	R/NR	Federal Way	R/NR
Apr	\$332/\$404	Apr	\$336/\$408
May	\$456/\$555	May	\$441/\$536
Jun	\$290/\$353	Jun	\$294/\$357

#### **Break Time**

This is your solution to not having time off when your child does! Break Time provides a warm caring and safe environment where friendships flourish and leadership skill blossom through participation in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch we provide nutritional snacks!

#### 6:30am-6:00pm

DAY	DATES	DISTRICT	CAMP
Thu/Fri	Mar 22-23	FW	Conferences
M-F	Apr 2-6	FW	Spring Break
M-F	Apr 9-13	HL	Spring Break
Tues	May 29	HL	Snow Make-Up Day
Fees:	(Must prereg	jister to attend)	R/NR
Daily Fee			\$40/\$45
Spring Br			\$166/\$187





www.destinationdesmoines.org Independence Day Celebration on the waterfront. Wednesday, July 4 at the Des Moines Marina **LIBEMOBKS ONES DES MOINES** 

> www.olympicoutdoorcenter.com at Redondo.

Olympic Outdoor Center with equipment rentals June through August

#### **KAYAK AND PADDLEBOARD ADVENTURES**

http://www.parkrun.us/ run or walk on the Des Moines Creek Trail. Every Saturday beginning June 9th enjoy a 5K Saturday, June 9, 9am

#### PARKRUN

www.dmfm.org artisans and foods at the Marina. Showcases local fresh farm produce, Saturdays, June-September, 10am-2pm

**WATERFRONT FARMERS MARKETS** 

www.desmoinesartscommission.com Marina District and South 216th. Outdoor sculpture gallery. Locations at Redondo Beach, Rippon Cutting Saturday, June 2-11am Year-Around

**ҮАВ ҮТЯЭVОЧ ИО ТЯА** 

-stnevity Events-Save the Date!

# munum

#### vog.awsəniomzəb.www photo at the Des Moines Beach Park. \$5 per child.

Leisurely EGG HUNT, crafts, prizes and Easter Bunny Saturday, March 31, 9-10am at the Beach Park

#### **EGGSTRAVAGAUZA**

www.desmoineslegacy.org Join us for a night of food, fun, booze and prizes. 6-9pm at the Des Moines Activity Center Friday, March 23

NOT YOUR GRANDMA'S BINGO!

Community Events

mina

#### **WATERLAND ART & WINE WALK** on the beach.

Volunteers contact jbest@desmoineswa.gov. Coordinated clean-up activities, in parks and Saturday, April 21, 9am-Noon

**EARTH DAY CLEAN-UP** 







Saturday, August 25, Noon-8pm POVERTY BAY BLUES & BREWS

www.drinktomusic.org, www.dmnprotary.org

www.desmoineswa.gov/160/Recreational-Activities Great family movies at dusk in parks around the City. Fridays in August

#### **WOVIES IN A PARK**

www.destinationdesmoines.org Motorcycle/ Wooden boat show in Marina District. Family events, NW Arts & Crafts Show, Parade and Car/ Friday, July 20 through Sunday, July 22

#### SEAFAIR WATERLAND FESTIVAL & PARADE

www.strongmancorporation.com Weightlifters from across the state compete at the Marina.

#### Saturday, July 14 **WASHINGTON STRONGEST APPLE**

www.desmoineslegacy.org income youth. No tickets required. Supports activities and after school programs for low-

Wednesday, July 11 - 5-8pm at the Beach Park LEGACY FOUNDATION'S BIDS FOR KIDS AUCTION

www.desmoinesartscommission.com Garden. Donations encouraged. Great entertainment on the waterfront. Beer and Wine Shakespeare in the Park–Sunday, August 5, 5pm Wednesdays, July 11 through August 22, 7pm

#### **BEACH PARK SUMMER CONCERT SERIES**

moo.eeniomeebnoiteniteeb.www Root Beer Floats & Music. Ticket required. Community BBQ, Beer and Wine Garden,

Wednesday, July 11, 5-7pm at the Beach Park **SMOKE ON THE WATER** 



Enjoy an array of activities on the Des Moines waterfront at Saturday, May 12

#### **SOUTH SOUND OPENING DAY**

www.destinationdesmoines.org viewing the art. enjoy wine tastings at most locations while in Des Moines Businesses. Participants can

The art and wine walk features local artists Saturdays, May 12 and October 18

Your Guide to Des Moines Parks, Recreation & Senior Services

Your Guide to Des Moines Parks, Recreation & Senior Services

Community Events PAGE 2
Softball Leagues PAGE 6
Senior Classes & Activities PAGE 6
Schedule Your Events
Schedule Your Event